

## Organic coconut oil, virgin

### Sri Lanka

In the oil mill, the coconut meat of the freshly harvested palm fruits is peeled from the shell, grated and then dried. The drying is done gently, so that the sweet taste is preserved without roasting aromas. After drying, the virgin coconut oil is cold pressed and filtered. The virgin coconut oil is not refined, bleached, deodorized or hardened.

Tip: Coconut oil is particularly suitable for cooking, frying or deep-frying due to its high heat stability. However, it is also one of the oldest skin care products, because the contained lauric acid has an antibacterial effect and gives the skin moisture.

- -- vegan
- -- not refined
- -- from traditional production
- -- from sustainable cultivation

**Traditional healing effects** --- The lauric acid content in coconut oil and coconut puree has a positive effect on cholesterol levels. In addition, lauric acid is a fatty acid that is easy to digest and has an antibacterial effect.

**Ingredients** --- Coconut oil \* 100 %.

\* from organic farming

Average nutritional values	per 100 g
Calorific value	3.762 kJ/899 kcal
Fat	99,8 g
-of which saturated fatty acids	95 g

Carbohydrates	<0,5 g
-of which sugar	<0,1 g

Protein1)	< 0,5 g
Salt2)	0,01 g

1) Gluten < 20 mg/kg

2) Calculated from naturally occurring sodium.

The nutritional information is based on average analytical values, which are subject to natural fluctuations. The data are provided for information purposes only, in particular which mono- and disaccharides are contained in the food.



### Sensory & Quality Parameters

Consistency: Solid, liquid: at higher temperatures above 24°C the coconut oil liquefies.

Color: In the solid state pure white to slightly beige, in the liquid state clear to slightly cloudy.

Taste: Aromatic, intense coconut flavor

Odor: Aromatic, intense coconut note

**Allergens** --- none

**Best before date** --- 18 months

We will be pleased to provide you with further quality parameters on request in our extensive product specifications.

Translated with [www.DeepL.com/Translator](http://www.DeepL.com/Translator) (free version)

Enthaltene Rohstoffe

- Coconut

Empfohlene Gebindegrößen

- Glass 220 ml round
- Glass 750 ml lintel